



Diss High Physical Education Clubs 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch					
Field	Y7/8 Girls Rugby SGI Y7 Football DHA	Y10/11/6 th form Football JKE / NCO	Y8/9 Football DHA Y7/8 Girls Football JKE	Y9/10 Girls Football JKE	
Netball Courts	Y7/8 Handball	Y7/8/9 Netball SGI	Y10/11/6 th Form Netball SGI	Y9/10/11 Handball	
Boys Gym	Y9/10/11 Dodgeball	Y7/8 Dodgeball	Y10/11 Volleyball	Y9/10/11 Basketball DHA	Y10/11 Table Tennis JKE
Girls Gym					Trampoline Club (Y7/8/9) SGI
Exam Support	Y10/11 GCSE Rm 13 JKE Y11GCSE Rm 9 KON				
After School					
After School	Weight Lifting / Fitness Club Y10-13 JKE		Trampoline Club JKE / ESO / SGI		

