## Outdoor Session Outdoor Session

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**Quaker Wood** 

Saturdays 27/1, 24/2,

23/3, 27/4 2024

10am - 12noon

Young people aged 11 (Yr7) – 19



Quaker Wood is made up of young woodland, open spaces, wildflower meadow, pond and natural areas. Take part in these important conservation sessions in Diss, carrying out different tasks.



"I like going to the Quaker wood sessions because it's nice to meet people and help the community of Diss. It also helps with mental health and skills for the future."

If you are interested in attending this, or any SNYAB session, please get in touch on 07778 896325 or info@mtmyouthservices.org.uk Places are limited and we will need a consent form completed in advance. Young people must live in South Norfolk.



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