

# PROSPECTUS 2026 - 2027

---

## DISS HIGH SCHOOL





## WELCOME

Dear Parents, Carers, and Future Students,

I am very pleased to welcome you to our school community as you embark on one of the most exciting stages of your educational journey. Starting Year 7 marks the beginning of a new chapter filled with opportunities and discovery, and we would be delighted to be part of your story.

If you'd like to get a flavour of what our students did last year, I'd encourage you to look at the school newsletter section of our website. Our Year 11 and Year 13 outcomes this summer clearly showed that we are moving in the right direction. Overall, students who attend Diss High achieve more highly than would be expected given their starting points but we don't stop there – we want to be even more aspirational for future cohorts and make sure each and every student leaves us having maximised their future life chances through what they have achieved here.

We were visited by Ofsted in March 2024 for a thorough inspection, and we felt the final report was very fair. It confirmed that we are a 'Good' school and Ofsted made several observations of how teaching and learning works here:

- *"Pupils are happy and safe at this inclusive school"*
- *"Sixth form students are positive role models and support younger students well"*
- *"Most pupils live up to the school's motto, 'work hard, be kind'."*
- *"The school is insistent and persistent in promoting high attendance"*
- *"The curriculum is well designed, ambitious and meets' pupils' needs"*
- *"The school has high expectations for what pupils should achieve"*
- *"Effective teaching, including in the sixth form, enables most pupils and students to learn well across the curriculum"*
- *"The school has high expectations for pupils' conduct and behaviour"*
- *"Pupils, including those who are disadvantaged, benefit from a wide range of clubs and activities that enrich their experiences".*

In March 2025, Diss High appeared on the front page of the Sunday Times as the 5<sup>th</sup> happiest school in England, based on Ofsted parent surveys over the past five years. This was a proud moment for all associated with the school.

Diss High has a roll of just over 900 students and have become the school of choice for families from Diss and a wide area of surrounding villages. We pride ourselves on being a vibrant, inclusive, and supportive environment where every student is encouraged to make the most of extracurricular opportunities. Through our membership of Enrich Learning Trust we have invested heavily in site improvement works to repair and refresh older parts of our site.

As a parent or carer, your child's happiness and success is at the heart of everything we do. We believe that home and school working together is key to helping our students thrive, and we look forward to working with you to support your child through these important years. With our school's strong ethos of "Work Hard, Be Kind", we are confident that your child will find a place where they can grow and achieve, both personally and academically, as many other Diss High students have done before them. Thank you for considering our school.

**Sam Stopps, Headteacher**

## THE DISS HIGH SCHOOL WAY – WORK HARD, BE KIND

We are committed to certain vital traditional values which include:

- ❖ Strong educational values
- ❖ A classroom culture based on respect
- ❖ Arriving to lessons being ready to learn
- ❖ Treating others as you would like to be treated

We expect all our students to do their best at grabbing all the opportunities that Diss High School will offer them. To make the very most of their time at High School we would encourage anyone who joins us to try new things, enjoy the challenge of developing different skills and work hard at making their education as rewarding as possible. All we ask is students strive to do their best.

Diss High School aspires to be a caring, nurturing environment, where people from all backgrounds and beliefs are welcomed, integrated and made to feel safe. To achieve this, we ask all our staff and students to be kind to themselves and each other every day. That way, we will create a space of comfort where all can feel empowered to try out new things, learn through making mistakes and feel secure they can be themselves. This enables everyone to thrive in their learning.

## PROMOTING COMMUNITY COHESION

Governors at Diss High School recognise they have a key part to play in promoting community cohesion. The school will promote community cohesion in the following ways:

### Teaching and Learning

- ❖ Teaching and curriculum provision that supports high standards of attainment, promotes common values and builds students' understanding of the diversity that surrounds them.
- ❖ Lessons across the curriculum that promote common values and help students to value differences and challenge prejudice and stereotyping.
- ❖ A programme of curriculum-based activities whereby students' understanding of community and diversity is enriched through fieldwork, visits and meetings with members of different communities.
- ❖ Support for students for whom English is an additional language to enable them to achieve at the highest possible level in English and all their subjects.

### Equity and Excellence

- ❖ A focus on securing high standards of attainment for all students from all ethnic backgrounds and of different socio-economic status.
- ❖ Effective approaches in place to deal with incidents of prejudice, bullying and harassment.
- ❖ Admission arrangements that promote community cohesion and social equity.

### Engagement and Ethos

- ❖ Partnership arrangements to share good practice and offer students the opportunity to meet and learn from other young people from different backgrounds.
- ❖ Links built into existing schemes of work and grounded in the curriculum with students working together on a joint project or activity.
- ❖ Shared use of facilities to provide a means for students to interact.
- ❖ Working with community representatives, for example through mentoring schemes or bringing community representatives into school to work with students.
- ❖ Strong links and multi-agency working between the school and other local agencies, such as the youth support service, the police and social care and health professionals.
- ❖ Engagement with parents through curriculum evenings and parent and child courses.
- ❖ Provision of extended services and community use of facilities for activities that take place out of school hours, including adult and family learning, information and communications technology, and English classes for speakers of other languages.

### Safeguarding Children

The Governors of Diss High School are committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All staff and volunteers are expected to share this commitment and enhanced DBS checks are required. Our school Safeguarding Policy is updated every year and is on our website. We also have an E-Safety Policy.

## Provision for students with disabilities and educational needs

- ❖ Diss High School has a policy on Equal Opportunities. This policy is a commitment by the school and its governing body, to the promotion of equality of opportunity in all areas of school life. Diss High School will promote, by all means within its power, attitudes and actions which will actively assist in the creation of harmony in the lives of all involved in the school and which will add to each individual's dignity and worth. Equally the school will resist anything which will in any way detract from such dignity and worth on the grounds of gender, race, relation, culture or disability.
- ❖ Diss High School adopts a whole school policy for meeting the needs of students with Special Educational Needs. Each area of the curriculum values the learning and achievement of all students, and aims to meet their individual needs. Each subject area has the responsibility to ensure that all students can make progress commensurate with their abilities. Integration of students is regarded as crucial and we believe that all our students are entitled to a broad and balanced curriculum. Diss High School has a SEND Coordinator (SENCO) who is responsible for coordinating the day-to-day provision for students with Special Educational Needs.
- ❖ Diss High School operates an Equal Opportunities Policy for the admission of students with special educational needs and they are afforded the same rights as students without special educational needs. The school takes advice from the Local Authority as to the appropriate resources and facilities that may be needed for the integration of special needs students.
- ❖ Diss High School has been modified for wheelchair access and there are ramps to ensure full access to all parts of the school.
- ❖ There are a number of disabled toilets situated in various locations around the school. Our Disability Equality Scheme and Special Educational Needs Policy are available on request from the school reception.
- ❖ The school is aware that some children such as 'Looked After Children' have additional needs. These are noted and appropriate action and support is provided.

## An International Outlook

Globalisation means it is vital that every young person's education is international in its outlook. We are more interdependent than ever. The school's curriculum reflects this. But that is not the whole story.

We have had several trips that have taken Diss High School students around the world. Examples of recent ones are Switzerland, France and Greece, Borneo, New York, Mexico and Japan. This year sees, amongst others, a trip to Peru.

## ADMISSIONS PROCEDURE

Students are admitted to Diss High School at the age of 11+ without a formal examination. Students from the following primary schools have traditionally joined us each year.

All Saints CEVA Primary School, Winfarthing	Bressingham Primary School
Burston Primary School	Dickleburgh CofE Primary Academy
Diss CofE Primary Academy	Garboldisham Church Primary School
Roydon Primary School	Scole CofE VC Primary School
St. Andrew's CEVA Primary School, Lopham	Tivetshall Primary School
East Harling Primary and Nursery School	Kenninghall Primary School
Banham Primary School	

Students who live within our geographical area but attend schools outside this area are also eligible for admission. Students residing beyond the catchment area may be admitted if there is available space. The intake limit for Year 7 in 2025 is for 150 places.

In the event of there being more requests for places than places available, children will be admitted in the following order of priority:

- ❖ Children with an Education, Health and Care Plan naming that school;
- ❖ Children in Local Authority Care who are due to transfer;
- 1. Children who are due to transfer and live in the area served by the school;
- 2. Children who are due to transfer and live outside the area served by the school, who have an older brother or sister attending the school at the time of admission (but not the Sixth Form);
- 3. Children who are due to transfer who live outside the area served by the school and attend a feeder school at the opening date of the admission round.
- 4. Children who are due to transfer and live outside the area served by the school.

If all children within any of the above criteria cannot be offered a place, the highest priority will be given to children living nearest to the school within those criteria. To determine who lives nearest, distance will be measured door to door, using Ordnance Survey data.

All enquiries regarding admission should be addressed in the first instance to:

Pupil Admissions, County Hall, Norwich 0344 800 8020

or

Mrs P Turrell (Attendance Officer) Diss High School.

Admission to Sixth Form is made on the basis of an interview and appropriate success at GCSE level. Traditionally, many students from Harleston, Eye, Long Stratton and Old Buckenham have followed courses at Diss High School, in addition to our own students.

## TRANSPORT

Daily transport into school is provided by the Local Authority in accordance with the County guidelines. Students living within our catchment area are eligible for free transport into school if it is too far to walk. The Authority do have the discretion to allow students who live outside the area to purchase a bus pass, if there is space on the buses bringing Sixth Formers to school.

All students entitled to a place on the buses will be issued with bus passes which they need to carry for every journey. Any questions concerning eligibility for free transport and matters concerning bus passes should be made to the Passenger Transport, County Hall, Norwich on 0344 800 8020.



## THE CURRICULUM

### Years 7-9 (Key Stage 3)

In the first three years, all students follow a basic course comprising Art, Design Technology, English, Drama, PSHEE, Geography, History, Food, a Language (French or Spanish), Computing, Mathematics, Music, Physical Education, Religious Studies and Science. In Year 9 students also have the opportunity to study Business & Media Studies.

On entry to the School, all students are placed in mixed ability tutor groups based on information provided by their primary school.

Information from feeder schools is sufficient to allow class grouping from the beginning of the first year. Class groups are reviewed regularly throughout Years 7 and 8 and movement is common.

Children in need of additional support are given this by means of our Learning Support Department which uses a mixture of small group or individual intervention and support in the classroom.

Full details are given separately. Some students may also undertake 'intervention' courses in small groups in the core subjects, based on the recommendation of subject teachers.

The need for additional studies for a small number of exceptionally able students is recognised and catered for in a course taught outside main curriculum time in Years 8 and 9.

### Years 10 and 11 (Key Stage 4)

In Year 10, students begin courses of study leading to the GCSE examinations. Currently all students study English, Mathematics, Science, Physical Education, Careers, Religious Studies and PSHEE.

Additionally, students opt to study four other GCSE subjects from an extensive list. Full details of the examination courses and related procedures are given separately at the appropriate time; a list of all approved external qualifications which we currently offer is available on request.

### Sex Education

Sex Education is taught to all students in accordance with the guidelines agreed by the Governing Body, a copy of which may be viewed on request. The subject is taught through Science, Physical Education, Religious Education and PSHEE with both physical and emotional aspects of the topic being considered.

As part of the Science course in Years 7 to 9, students are taught about 'the physical and emotional changes that take place during adolescence; the human reproductive system, including the menstrual cycle and fertilisation; how the foetus develops in the uterus.

Additionally, in PSHEE the Sex Education content deals both with factual matters (STDs, contraception) and aspects of emotions and relationships, appropriate to the age and maturity of the students.

Parents do have the right to request that their child be withdrawn from all or part of the sex education programme, other than the Science component.

## Religious Education

Religious Education is taught with reference to the Norfolk agreed syllabus, a copy of which may be viewed at the school on request. Parents wishing to withdraw their child from Religious Studies lessons, or devotional parts of the assembly programme, are invited to discuss the matter with the Headteacher.

## Instrumental Tuition

In Music, some instrumental tuition is available in addition to the normal curricular provision. The Governors have decided that the school may make an annual charge for students undertaking peripatetic instruction to support provision in this area. This may be waived in cases of financial hardship. Full details are available on request.

## Charging Policy

The school's Charging Policy is based on the Norfolk County Council recommended model. Full details of any charges which we are allowed to make are issued to parents at appropriate times. The Governors' Policy may be viewed on request.

## Careers

A member of staff has a special responsibility for Careers work. Formal Careers sessions are part of the curriculum for all in Years 10 and 11 and the subject features in the Year 9 PSHEE programme, prior to the 'Options' process. The PSHEE programme in Years 7 and 8 also covers aspects of decision making relevant to Careers. Careers interviews are also offered to students in the Sixth Form. Independent neutral advice is available to all students online.

The resources of parents and others are utilised to provide information, mock interviews and individual advice on particular courses. The school has established strong links with representatives of local commerce and industry.

Careers and Higher Education advice to Sixth Formers is provided both by the School and UCAS advisers.

## Provision for Sport

- ❖ The Physical Education department offers all students the opportunity to participate in a wide range of extra-curricular, competitive sporting activities through participation in lunchtime training sessions and inter-school fixtures. Students are encouraged to join local clubs and those with outstanding potential are put forward for area/County selection.
- ❖ During their time at Diss High School, students participate in: Football, Rugby, Hockey, Netball, Cricket, Rounders, Athletics, Basketball, Volleyball, Table-tennis, Gymnastics, Cross-Country, Tennis and Trampolining.
- ❖ [Examination Results](#)

Details of our most recent examination results can be seen on our school website.

## PASTORAL CARE

Students in all years are placed into tutor groups, each in the care of a tutor who is immediately responsible for their welfare and progress. The tutor groups in each year make up a larger group under the care of the Head of Year. There is an Assistant Head with overall responsibility for pastoral care.

The purpose of this arrangement is to provide for the general well-being of each student. If a problem arises in the school, parents are contacted and asked to come and discuss possible solutions. Equally, parents who have any matters of concern are asked to contact the Head of Year, either by letter or by telephone, during school hours.

The structure for the 2025-2026 academic year is as follows:

Year 7	Year 8	Year 9
Head of Year: Miss Kelly	Head of Year: Mr Widdeson	Head of Year: Ms Jarocki

Year 10	Year 11
Head of Year: Ms Bensley	Head of Year: Dr Busby

The school has several fully qualified First Aid Assistants on site, supported by staff who have an appropriate qualification.

### Discipline

The school has a detailed Behaviour Policy, agreed by the Governors, which parents are welcome to view. It may be summarised as follows:

- ❖ Our policy is to provide a safe and secure environment for all staff and students in the school.
- ❖ Good discipline is central to effective teaching and learning and students function best within a structured environment.
- ❖ We aim to provide a flexible behaviour structure for teachers and students, which is positive and encourages self-discipline, but at the same time provides measures to discourage unacceptable behaviour.
- ❖ This policy seeks to enhance the quality of relationships within the school and the wider community.

Where students fail to respond to the usual range of disciplinary measures, an after-school detention may be given.

In these instances, we aim to contact parents to have a constructive discussion about their child's behaviour and how home and school can work together to help the student make more positive choices in the future.

Further details of the Behaviour Policy are included in the Parents' Handbook, issued prior to the admission of every child. We also have a Parental Code of Conduct that we respectfully expect all our parents to sign up to. This is also issued before your child starts at high school.

### Policy on Bullying

At Diss High School we expect good behaviour from all our students and will not tolerate bullying of any kind. It is our aim to deal positively with both victims and bullies, so that we can create a safe and positive environment for learning. The school encourages a climate of openness where students can safely confide in members of staff and other students if they, or their friends, are being bullied.

Everyone has the right to a safe and secure school environment where they will be protected from bullies during the whole of the school day. No one person has the right to bully another. Bullying might take place before or after school, in lessons, during breaks and lunchtimes and on the school bus.

We consider the following types of behaviour to be bullying, all of which are unacceptable:

Physical	Deliberately pushing, hitting or hurting another person.
Verbal	Saying or shouting unpleasant things to other people knowing that what you are doing will hurt them. This includes starting nasty rumours about people.
Gestures	Making aggressive or unpleasant gestures to people, knowing that it will be threatening or upsetting. This includes spitting.
Extortion	Forcing people to part with their belongings or making them hand over money.
Exclusion	Excluding people from group activities with the intention of hurting them or making them unhappy.
Cyber	Intimidation using mobile phones or internet.

### Parents' Evening and Termly Reports

With the exception of Year 11 and Year 13, all Year groups will receive 3 reports throughout the academic year. The first report, shared before October half term, looks at how students have settled and we only report on their Attitude to Learning. Year 11 and Year 13 students have mock exams in the Autumn term and, as such, they will receive reports that reflects their progress following these exams. For the remainder of the school, the next two reports are issued in February and July, giving feedback on key assessments taken throughout the year and, for year 10 and 12 students, how this impacts on their predicted grades.

Parents' Evenings are held once a year for each age group other than Year 7, who have two, a meet the tutor evening early in the Autumn term and an opportunity to meet all class teachers in the Spring term. We provide a blended structure of online and in-person Parents' evenings, depending on which year group students are in.

### Homework

Homework is seen as of crucial importance to a child's academic success. It is given according to a published policy and noted in the student's diary which parents are encouraged to check regularly. The amount of homework given increases as the child progresses through the School.

Homework may consist of:

Note-making	Writing	Research	Reading
Learning	Drawing/painting	Planning	Practical activities
Online learning			

### Monitoring Student Progress

Students' progress is monitored by continuous assessment, with formal examinations, either externally or internally, set once a year. All students have a target grade in each subject to work towards based on their prior achievement. Subject leaders and senior staff monitor the progress and performance of each student on a regular basis.

## Timings of the School Day

8:35am	Warning bell for registration and movement time
8:40am	Registration/Assembly
9:00am	Lesson One
10:00am	Lesson Two
11:00am	Break
11:15am	Warning bell and movement time
11:20am	Lesson Three
12:20pm	Lesson Four
1:20pm	Lunch break
2:05pm	Warning bell and movement time
2:10pm	Registration and Lesson Five
3:10pm	Lessons finish

## Meals and Lunchtime Arrangements

As laid down in the school rules, students are not allowed to leave school during the school day without special permission from the Head of Year. Such permission is granted only in exceptional circumstances and must be requested by a letter/email from the parents on each occasion. This letter should be signed and dated in addition to explaining why the request has been made.

This means at lunchtime, students will take a school lunch OR bring a packed lunch.

School lunches are provided in the dining room and snack bar and the cost will depend upon the choice of dishes. As a rough guide, £2.65 will buy a two course set meal, although there are many cheaper options. The school operates a cashless catering system and students will be issued with a card to purchase meals. More information can be found at Appendix 2.

### Complaints Procedure

If you are unhappy about any aspect of your child's education or experience at school, you should make an appointment to see the Head of Year. If you are still unhappy and wish to take the matter further, you should make an appointment to see the senior leader (Assistant Headteacher or Deputy Headteacher) who line manages that particular year group.

If these discussions fail then an appointment with the Headteacher should be made. In the unlikely event the matter remains unresolved at this point after discussion with the Headteacher the matter remains unresolved, you should tell them that you wish to make a formal complaint you can make a formal complaint. The Headteacher will give you a copy of the complaints procedure and the name and address of the Clerk to the Governors of the school.

You will be asked to make your complaint in writing, but if you wish you will be able to attend a meeting with the school governors when your complaint will be considered and you may explain it to them. It will then be for the Governors to decide whether the complaint is justified and what should be done about it.

## SCHOOL UNIFORM

From September 2026, we will be returning to a more formal school uniform for our incoming Year 7 students, featuring a blazer and tie. This change will then roll out gradually to future year groups. No current student will be expected to buy the new uniform and younger siblings of existing students may continue to wear our current uniform if families wish to make use of items passed down, helping to avoid unnecessary expenditure. This development is part of our wider drive to raise aspirations and foster a culture of professionalism and pride. Because the cost of the blazer and tie is offset by now having the ability to purchase unbranded shirts and V neck sweaters, this change should be cost neutral for parents and carers. Our PE uniform will remain unchanged.

We see the school uniform as an aid to generating a purposeful and disciplined spirit in the attitudes of students as well as a pride in the school. Parents who choose to send their children to Diss High School are deemed to support the School Uniform Policy.

Existing items of uniform are available from our uniform supplier Anglia Sports & Schoolwear at [www.yourschoolwear.co.uk](http://www.yourschoolwear.co.uk). This site will also feature the new uniform shortly.

### School Uniform Policy

The Governing Body has agreed the following.

- ❖ All students in Year 7 to 11 are required to wear School Uniform and to present themselves in a neat and tidy fashion at all times.
- ❖ No jewellery (apart from one stud per ear). Other forms of visible 'body piercing' are specifically forbidden.
- ❖ Style/colour of hair must not be taken to extremes.
- ❖ Leather and denim jackets are not regarded as appropriate outdoor wear, neither are casual shirts, training or hooded tops, or cardigans. Outdoor wear should be weatherproof. Garments carrying slogans or drawings, which the School deems offensive, are forbidden (e.g., racist or drugs related). Baseball caps may not be worn.

*(Generally, outdoor garments should be of the kind that zip or button up the front and be free of very large slogans, brand names, decorations etc. Sober colours are preferred and lightweight training tops or other flimsy garments are really not suitable; the idea is to protect children from the cold and wet, not to allow them to wear the latest fashion garments around the buildings. We would appreciate the support of parents in this.)*

- ❖ All extremes of fashion should be avoided and the School reserves the right to decide what constitutes a breach of School Uniform.
- ❖ Make-up: Years 7-11 - Only subtle make-up permitted.



## Summary of School Uniform

- ❖ Navy blue blazer (branded).
- ❖ Navy blue V-necked sweater.
- ❖ Plain white shirt
- ❖ School tie (branded)
- ❖ Plain black tailored full length trousers (tailored shorts can be worn in warm weather) for boys and girls. No other style of trouser, such as very tight or very flared, are acceptable and neither are denim, cord or casual style trousers. Accessories such as buttons, studs and other decorative details on the trousers are unacceptable.
- ❖ Plain black, grey or white socks.
- ❖ Plain black leather shoes. Trainers with logos, backless or platform shoes, open sandals or shoes with heels exceeding 2 inches (5cm) are not permitted. Where injuries to feet prevent the wearing of normal school shoes, students are expected to wear the regulation plimsolls which are loaned by the school.

## PHYSICAL EDUCATION KIT

### Compulsory for ALL students

- ❖ Diss High School unisex PE polo shirt\* or Diss High School girls' PE polo shirt\*
- ❖ Trainers (non-marking soles) NOT plimsolls
- ❖ White ankle sport socks
- ❖ Plain navy sports shorts (NOT cycling style shorts)
- ❖ Hockey or football boots and socks

### Optional kit for all students

- ❖ Plain navy tracksuit bottoms or leggings
- ❖ Mouth guards and shin pads are strongly recommended
- ❖ We recommend that all students in appropriate weather, should apply sun protection cream and they may wear plain sun hats.
- ❖ \*This kit MUST be ordered from Anglia Sports and Schoolwear Limited at [www.yourschoolwear.co.uk](http://www.yourschoolwear.co.uk)

Second hand uniform is readily available, please contact the school reception. Financial support is also available for purchasing uniform for families on a low-income threshold.

## ACADEMIC YEAR 2026-2027

(Guidance only - dates to be confirmed)

Autumn Term	Spring Term	Summer Term
3 <sup>rd</sup> September 2026 to 18 <sup>th</sup> December 2026	5 <sup>th</sup> January 2027 to 25 <sup>th</sup> March 2027	13 <sup>th</sup> April 2027 to 21 <sup>st</sup> July 2027
Half-term 26 <sup>th</sup> October 2026 to 30 <sup>th</sup> October 2026	Half-term 15 <sup>th</sup> February 2027 to 19 <sup>th</sup> February 2027	Half-term 31 <sup>st</sup> May 2027 to 4 <sup>th</sup> June 2027





# APPENDIX 1

## ANGLIA SPORTS AND SCHOOLWEAR LTD INFORMATION

Diss High School uniform and PE kit is available to buy via the online store. Below is some useful information about ordering online:

- ❖ The website, [www.yourschoolwear.co.uk](http://www.yourschoolwear.co.uk) allows you to purchase uniform 24 hours a day, 365 days a year;
- ❖ Next working day despatch for orders completed by noon Monday to Friday, excluding Bank Holidays, with a choice of three different delivery services;
- ❖ Option of free second class Royal Mail delivery for orders over £65 plus VAT;
- ❖ Dedicated customer service department;
- ❖ Comprehensive size charts to help order the right size, first time.

Estimated transit times for online orders are as follows:

- ❖ Second class post – Royal Mail aim to deliver 98% of mail within 3 working days of posting;
- ❖ First class post – Royal Mail aim to deliver 93% of mail the next working day after posting;
- ❖ Next day carrier – UK Mail deliver the working day after collection.

Paste the following link into your internet browser to go directly to the Diss High School webstore.  
<http://www.yourschoolwear.co.uk/diss-high-school-56-c.asp>

If you have any difficulties making payment, please check you have third-party cookies enabled in your browser settings. Apple disables third-party cookies whenever they update their Safari Browser. In order to make online payments to vendors that use a third-party payment solution, instead of storing customers' card details on their own servers, third-party cookies must be enabled.

The most popular sizes we sell for **average-sized** year 7 (age 11) children, which also allow for growth, are:

- ❖ Blazer (Medium)
- ❖ PE Polo shirts 30/32" or one size up for baggier fit;
- ❖ Long sleeved reversible sports shirt (boys) 34"/36" (allowing room for growth as only worn once or twice a week and minimal stretch in fabric);
- ❖ Quarter zip Long sleeved sports top (Girls) 32"/34";
- ❖ PE shorts 22"/24";
- ❖ Joggers age 12-13 (grip bottoms so OK if too long).

Comprehensive size charts online for each item by clicking on.



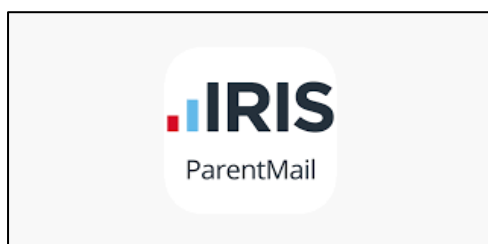
Garment specs

We are confident you will find this service efficient and convenient; any questions, please contact our customer service department via email [customersupport@angliasportsandschoolwear.co.uk](mailto:customersupport@angliasportsandschoolwear.co.uk)

\* Second-class post charge for orders under £65 + VAT

\*\* Royal Mail deliveries includes Monday to Saturday as working days, but exclude Bank Holidays. Royal Mail does not guarantee delivery within a particular time frame for either first or second-class, so urgent orders should be placed with the Next Day Carrier option. Please note though that our carrier, currently UKMail, only collects and delivers goods Monday to Friday, excluding Bank Holidays, so there is no Saturday option.

## APPENDIX 2



### ONLINE PAYMENT SYSTEM IRIS PARENTMAIL

At Diss High School we are a cashless School, we operate an online payment system known as 'Iris ParentMail' for school meals, trips, revision guides, lockers and other school purchases. The secure e-payments solution 'Iris ParentMail' allows payments online by credit, debit card, paypal or by cash at PayPoint outlets.

#### Benefits for parents:

- ❖ Iris ParentMail allows you to make online payments to the school whenever and wherever you like, 24 hours a day, 7 days a week
- ❖ Makes it easy and convenient to make payments for school items by Debit, Credit Card, Apple Pay or PayPal.
- ❖ Reduces the need for children to carry cash to school
- ❖ Peace of mind that payments are made safely and securely to the school
- ❖ You can merge your child's accounts into one single view if you have more than one child at the school, or from other schools that also use Iris ParentMail

#### Benefits for the school:

- ❖ Safeguarding - helps to ensure children are safer without having to carry cash to school
- ❖ Safety - reduces the amount of money held at school
- ❖ Helps reduce the time and cost spent by the school on payment collection and administration

We use a card system for school meals; the card is linked to the student id number on our management information system it does not hold any personal information.

An email giving further information and your individual registration details will be provided to you. The Iris ParentMail App can be downloaded through the Apple App Store or Google Play Store

searching 'ParentMail' or via the online portal <https://pmx.parentmail.co.uk> or from the school website at <https://www.dishigh.norfolk.sch.uk/home/parents/meals/>



## APPENDIX 3

### SCHOOL EQUIPMENT

Students are required to attend school equipped with all the 'basics' such as black biro pen, pencil, pencil sharpener, eraser, ruler, compass, protractor, reading book and scientific calculator.

Please ensure that pencil cases and calculators are clearly marked with your child's name.

Students will be given a planner when they start, and all these essential items must be kept in a suitable school bag.

Walcot Road  
Diss  
Norfolk  
IP22 4DH

Email: [office@disshigh.norfolk.sch.uk](mailto:office@disshigh.norfolk.sch.uk)  
Telephone: 01379 642424

