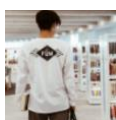




We hope you find the new materials on Help You Choose useful. This quick guide covers some of the resources, that teachers and advisers can signpost students to during the final few weeks of compulsory education in June (and beyond).



Further Education

If a young person has not yet applied for college or sixth form and requires more information and help, they can find everything they need in the [Further education overview](#)

National websites with Year 11 GCSE enrichment and revision materials can be found in the [Year 11 enrichment materials](#)

Year 12 preparation materials. Virtual lessons, subject materials and transition guidance from Norfolk sixth forms and colleges (More to follow in June/July). Also, national providers with transition materials and guides are included here too. [Year 12 subject preparation](#)

Other free resources, learning a hobby, interest or a new language (some through fun apps) and a few fun learning games can be found in [other resources and games](#)



Voluntary Work & Virtual Work Experience

This is the link for websites and information about [Volunteering](#)

This link: [Virtual Work Experience opportunities](#) has all information you need for students to begin searching for virtual work experiences. There are two sections. One with all the live experiences that need to be applied to and one with links to pre-recorded experiences.



Apprenticeships, Traineeships & Prep for Work

Everything apprenticeships, traineeships and preparation for work is in [this section](#) including current vacancies and links to all the major local and national websites.

As an extra resource for teachers and advisers during June, Norfolk County Council has negotiated with ASK free apprenticeship information sessions on 7th, 21st & 30th June. Flyer already forwarded but if you have not seen it and would like more information, email mark.horton3@norfolk.gov.uk



Careers Information

Links to all careers information websites such as icanbea, Target, and many more listed [here](#)

There are a few websites that focus on the skills that young people need for work and apprenticeships. Some, such as Barclays Life Skills, contain short videos or activities but other websites can offer a programme of learning stretching a few hours or more. See all links [here](#)

If a young person would prefer to watch a video about different careers, work, and work skills, there are no shortage of providers. Videos can be of a professional talking about a job or a well-known personality having a go. Videos can be a few minutes to an hour or more, see links [here](#)

There are also plenty of quizzes, personality tests and fun challenges to help young people know their skills and strengths and how they might relate to subjects or careers. Again they vary from a few minutes up to an hour and many of them are listed [here](#)



Health & Wellbeing

An A-Z menu of issues that might be worrying young people are listed in this section with links to websites. All websites are targeted towards young people and can be found [here](#)

If some young people are at a loose end in June and want to get involved in a project or activity, there are two currently aimed at helping with a person's health and wellbeing. **We've Got This** encourages Norfolk young people to record a video through Tik Tok about how they coped during lockdown and much more. **Inspiring Norfolk** covers a range of projects and encourages the taking part in community challenges. Read more [here](#)

